

Phone Programs

Lifeline is a government benefit program that provides free cell phones and affordable monthly telephone service for eligible customers.

Having a telephone service is beneficial because of the opportunities and security it provides, like being able to connect to jobs, housing, family and 911. You can contact one of the following providers to enlist in the program:

- Access (1-800-464-6010)
- Assurance (1-888-898-4888)
- SafeLink (1-800-977-3768)
- YourTel (1-877-388-1082)



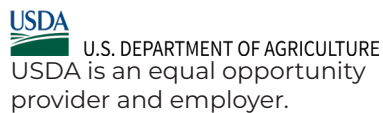
Affordable Childcare

Working Connections Child Care (WCCC) helps families with low incomes pay for child care while working, attending school, or meeting the WorkFirst participation requirements. Families can apply for WCCC within the same Basic Food application.

Applications for WCCC can be done online at washingtonconnection.org or over the phone at the Washington State Department of Children, Youth, and Families (DCYF) Customer Service Call Center 1-844-626-8687.

WCCC allows parents to choose childcare from:

- Licensed or certified child care centers.
- Licensed or certified family child care homes.
- Relatives who provide care in their own homes.
- Adults who come to the family's home to provide care.



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Basic Food: Local Benefits and Incentive Programs

The US Department of Agriculture (USDA) Supplemental Nutrition Assistance Program (SNAP), called **Basic Food** in Washington State, helps people with low incomes make ends meet by providing monthly benefits to buy food. Individuals and families on Basic Food may also qualify for the following programs that provide additional support and education.

SNAP Market Match



At more than 100 participating Washington State farmers markets and farm stands, customers who use their Basic Food benefits can stretch their food budget to buy more fresh fruits and vegetables!

Participating locations will match \$25 or more per day if you use your EBT card. This **doubles** what you can purchase at the farmers market or farm stand. The Market Match dollars can be used to purchase fresh fruits, vegetables, herbs, mushrooms, and food producing seeds and plants.

To find your local, participating farmers market or farm stand, you can call the **Help Me Grow Washington Hotline** at **1-800-322-2588**.

SNAP Produce Match



SNAP Produce Match is a helpful way for people who use Basic Food to buy more fresh fruits and vegetables from their local, participating grocery stores.

Use your EBT card to purchase at least \$10 of fresh or frozen fruits and vegetables with no added salt, sugar, or fat. A \$5 coupon will print on the bottom of your receipt*, which can be used to purchase fruits and vegetables. Please call 360-236-3148 for more information.

**Available at most big chain stores, select local market might use a different discount model*

BFET

Basic Food Employment & Training (BFET) provides training and education with a goal of assisting Basic Food clients to attain a living wage career. BFET services are available from all WA State community and technical colleges as well as many non-college community based organization (CBO) contractors.

To find your local BFET provider, please visit: www.dshs.wa.gov.

WIC

Women, Infants and Children (WIC) is a federally-funded supplemental nutrition program that helps pregnant people, new parents and caregivers, and young children eat well, learn about nutrition, and stay healthy.

WIC provides:

- A WIC card which can be used for nutritious foods and formula
- Health and developmental screenings
- Nutrition education
- Breastfeeding support

You can call the **Help Me Grow Washington Hotline** at **1-800-322-2588** or text “WIC” to **96859** to find a WIC clinic near you. You can also use the [ParentHelp123 Resource Finder](#) to find your local WIC clinic.

