

Early Childhood Education and Assistance Program (ECEAP)

Bridge to Child and Family Self-Reliance



Everyone's journey to Self-Reliance is different. During this school year ECEAP staff will partner with you to:

Set individualized, specific goals - informed by your cultural values - to help you move toward self-reliance.

Prioritize what is most important for you and your family now and in the future.

Recognize your strengths and follow your lead when setting goals.

Connect with resources that will support your journey.

Celebrate your successes!

Stability		Connection to Self and Others			Money Management		Education and Training Planning		Employment and Career Management
HOUSING	FAMILY WELL-BEING	PARENTING	WELL-BEING	SENSE OF BELONGING	PERSONAL AND PROFESSIONAL SUPPORTS	EXPENSES	PLANNING	LEARNING	EARNINGS LEVELS
I have safe, affordable, stable housing that meets my family's needs.	My family's needs are met in ways that allow me to focus on my goals.	I am aware of and responsive to my child's developing needs. I access resources as needed.	I can participate fully in life because I feel healthy.	I am included in and contributing to my diverse community.	I have personal connections that are supportive and help me achieve my goals.	I have the resources I need to confidently manage my debt.	I can meet my family's financial needs now and in the future.	I have enough skills, education and training so I can choose the career I want.	I earn a living wage in a job that meets my career and future goals.

Adapted from the Economic Mobility Pathways (EMPath) Bridge to Self Sufficiency.

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CHILDREN, YOUTH & FAMILIES